



22nd Annual Two Meter Contest

Rules, Entry Form, Log Sheet



N3SH
WA3SH
NP2SH

Wireless Association of South Hills

Here we go again, folks! This January will mark the Twenty-Second Annual **WASH** 2 Meter Contest. We're looking forward to a chance to stretch our legs, our wheels, and our antennas once again! Unfortunately, due to the continued health crisis, there is still no way to know if we're having WASHfest at this time, so we can't guarantee the typical door-prize ticket awards, but you can still expect a fun operating event where you can hear some old friends, and maybe make some new ones! See you on the air! -Chuck Bihun III KC3ELA

Date & Times: Saturday, January 8th, 2022 from 7 to 11 PM EST. (That's January 10th 0000-0400 UTC to the purists!)

Scoring: Each Contact:

Phone (FM, SSB, AM): 1 point
CW: 2 points
Digital (any mode): 2 points

Objectives:

- To make as many contacts as possible
- To have fun!

Multipliers: Locations (Number of different ZIP Codes)
Power: Stations running 10 watts output or less: 3
Stations running over 10 up to 30 watts output: 2
Stations running over 30 watts output: 1

Band, Mode & Frequencies: The contest will take place solely on 2 meter band.

- FM :** FM simplex only, no repeater contacts. The FM frequencies are all standard 2 Meter simplex frequencies, as per the ARRL 2 Meter Band Plan, every 15 kHz, from 146.505 to 146.595 MHz, and 147.450 to 147.580 MHz. Use of simplex frequencies in the "FM Experimental Simplex" band of 145.510 to 145.670 are not recommended. See list of recommended simplex channels at the end of the rules.
- CW:** 144.05 to 144.1 MHz Only. (See ARRL 2 Meter band plan)
- SSB & AM:** 144.2 to 144.275 MHz Only. (See ARRL 2 Meter band plan).
- Digital (including RTTY):** 144.51 to 144.55 MHz. (See ARRL 2 Meter band plan) Multiple digital modes may be used, and participants are free to use any generally accepted Digital mode, but only ONE Digital QSO with a given station regardless of mode

Final Score: Total Points x Locations x Power

After the Contest: Fill out all the log information. In the upper left corner check whether "base" or "mobile." In the upper right corner be sure to enter your callsign and club affiliation (or "none" if not a member of any club). Please number all log sheets consecutively. Log sheets can be downloaded from the **WASH** web site, www.n3sh.org, no later than January 1st.

Submit Log Sheets: Check your log sheets carefully for dupes. Verify that all information is entered.

Send the logs to: **** Correct Address for 2022 ****
WASH 2 Meter Simplex Contest
c/o Charles Bihun KC3ELA
4144 Lebanon Church Road
West Mifflin, PA 15122

Enclose a #10 SASE for return of results.

Entry Deadline: February 1st, 2022

Each log submitted on or before the deadline will receive one (1) main prize ticket to WASHFest 2021 (Unless cancelled.)

Logs submitted with an SASE will have their ticket mailed to them, otherwise, the tickets will be available at the **WASH** Club table

- *Note: Listen for CW QSO's around 144.1 MHz 15 minutes after the hour*
 - *Listen for SSB & AM QSO's around 144.2 MHz 30 minutes after the hour*
 - *Listen for Digital QSO's around 144.51 MHz 45 minutes after the hour*
- In the event of accidental QRM with nets and non-contest QSO's in progress, please respect their right to the frequency and QSY.

Power Limit: Maximum 100 watts output.

Exchange : Callsign, contact number, ZIP Code.

For the purposes of the contest, the 5 Digit ZIP Code for your location is sufficient — do not use the "Zip +4" code. Mobiles and portables should use the ZIP code of their location as determined to the best of their ability. Canadian stations will use their 6 digit postal code

Example 1: "N3ZCG from W8XK, please copy Number 3, 15347."

Example 2: "K3VX from K3CM, please copy Number 21, 16801"

Example 3: "W3WH from W3OC, please copy Number 7, 15137"

Contacts : Work as many different calls and locations as possible, giving Exchange as noted above. Work each station **once** per mode, and **once** per ZIP Code — Mobiles can be reworked whenever they change locations. Remember hilltops work best!

Disqualification: Remember, this is a friendly "for fun" contest. Stations may be disqualified for infractions of the rules and for unacceptable operating practices. While not an inclusive list, stations may be disqualified for:

- FM signals transmitted on simplex channels below 146.505 MHz.
- Intentional interference to non-contesters, nets, & QSO's
- Intentional interference to other contest operators
- The committee reserves the right to verify QSO's. QSO's that can not be verified may be removed from the log without penalty.

Recommended FM Simplex Frequencies:

146.505 MHz	146.580 MHz	147.510 MHz
146.520 MHz (*)	147.450 MHz	147.525 MHz
146.535 MHz	147.465 MHz	147.540 MHz
146.550 MHz	147.480 MHz	147.555 MHz
146.565 MHz	147.495 MHz	147.570 MHz

Simplex channels below 146.505 MHz are not to be used, as many of these are in use in WPA as repeater input frequencies.

(*) The National Simplex Frequency, 146.520 MHz, may be used. However, many stations use 52 for casual conversation or as a calling frequency. If the frequency is in use or becomes used by non-participants, please permit them to use the frequency unimpeded.

To avoid interference to other contestants and other users of the bands, please do not operate on 5 or 10 kHz "offsets" from these recognized FM channels.

More information about the frequency selection can be found in the FAQ section on Page 5.



WIRELESS ASSOCIATION OF SOUTH HILLS

2 Meter Simplex Contest

Entry Form

Name _____	Call _____
Address _____	Club _____
_____	_____
City _____	State & Zip _____
E-Mail _____	_____

**Hope you had fun!
See you next year... January 14th, 2023!**

Scoring Summary

Total Phone QSOs _____	X 1	_____
Total CW QSOs _____	X 2	_____
Total Digital QSOs _____	X 2	_____
Total QSO's	Total Points	_____
_____		_____
Total Unique ZIP Codes	X	_____
	=	_____
Power Multiplier	0 to 10 W: X 3 > 10 to 30 W: X 2 > 30 W: X 1	_____
	X	_____
	=	_____
	FINAL SCORE	_____

Signature _____

All entries received with SASE on or before deadline will receive one Main Prize Raffle Ticket to **WASHFest 2022**, provided that the hamfest is not cancelled. Results will be printed in the March 2022 issue of the **WASHRag**, available at www.n3sh.org. All submissions become the property of the **WIRELESS ASSOCIATION OF SOUTH HILLS**. The decisions of the judges will be final.

Please mail this form along with a copy of your log and an SASE to:
WASH 2 Meter Simplex Contest
c/o Charles Bihun KC3ELA
4144 Lebanon Church Road
West Mifflin, PA 15122
Entry Deadline: February 1st, 2022



WIRELESS ASSOCIATION OF SOUTH HILLS

2 Meter Simplex Contest Log Sheet

Call: _____ Date: _____ Page # _____ of _____

NR	CALL	TIME	MODE (FM, CW, SSB, AM , DIGITAL)	NR RCVD	ZIP CODE RECEIVED	NOTES
1						
2						
3						
4						
5						
6						
7						
8						
9						
0						

1						
2						
3						
4						
5						
6						
7						
8						
9						
0						

1						
2						
3						
4						
5						
6						
7						
8						
9						
0						



WIRELESS ASSOCIATION OF SOUTH HILLS

2 Meter Simplex Contest Log Sheet

Call: _____ Date: _____ Page # _____ of _____

NR	CALL	TIME	MODE (FM, CW, SSB, AM , DIGITAL)	NR RCVD	ZIP CODE RECEIVED	NOTES
1						
2						
3						
4						
5						
6						
7						
8						
9						
0						

1						
2						
3						
4						
5						
6						
7						
8						
9						
0						

1						
2						
3						
4						
5						
6						
7						
8						
9						
0						

Frequently Asked Questions

- Q: Why is the contest in January?
A: Why not? Seriously, we were looking for a date in the winter with few local conflicts, and the middle full weekend in January seemed to fit the bill.
- Q: Wasn't this originally an FM Only contest?
A: We had many requests to expand beyond FM, since there are more and more multi-mode rigs available than ever. Those who've tried it seem to like it, so we've stuck with it!
- Q: Why the odd choice of frequencies?
A: We deliberately kept and are keeping the FM frequencies to those 146.52 MHz & above so that those who wish to communicate, but not participate, in the contest have frequencies available to do so. The SSB & CW frequency range is based on the ARRL Band Plan for 2 Meters and should avoid interference with weak signal and other types of operating modes.
- Q: Isn't that a lot of trouble for a 4 hour contest on a Saturday?
A: You might think so, but there is quite a lot of activity going on that you may not be aware of. We had some complaints from people trying to work friends simplex, and even a few simplex nets that we weren't aware of, upset that the contest had interrupted their routines. So again, if you hear an existing net operating, or someone coming on your frequency asking you to clear for a net or a schedule, please be courteous enough to relinquish the frequency. You may not be required to do so under FCC §97 Rules, but we are asking you to do so as part of being a contest participant.
- Q: Who can I work?
A: Anyone who wants to work you. Distance is not an issue; we've had FM simplex contacts covering over 100 miles in the past, and stations from OH, WV, and MD joining in. If you can hear them, you can work them!
- Q: Can I work someone more than once?
A: You can work each station **once per mode**. And mobile stations can be worked **once per mode from each ZIP code they operate from**.
- Q: Why ZIP codes?
A: We wanted to tie the multiplier to geography in some way. Counties were too big. The first year, we tried municipal names... and that turned out to be unwieldy. So unless we want to come up with an arbitrary grid (like the **Breezeshooters** did for the Groundwave contest), the ZIP code seemed to be the best compromise.
- Q: Are you really sending a **WASHFest** main prize ticket to anyone who sends in an entry by the deadline?
A: Yes! All we ask is that you include an SASE for us to mail it back to you. No SASE? Your ticket will be waiting for you at the **WASH** club table
- Q: Anything else I need to know?
A: Above all else, this contest is designed to be fun. Go out and have some fun with it!

Remember

The **WASH 2** Meter Contest is supposed to be a Fun Contest.

Go out and have some fun working people for four hours on a cold and quiet January Saturday evening!

About the Recommended FM Simplex Frequencies:

After the first year of the contest, we found that the limited number of frequencies suggested in the rules were insufficient for the activity level. In subsequent years, we permitted use of any recognized simplex frequency, as per the ARRL recommended guidelines published in the annual ARRL Repeater Directory and other sources, above 146.520 MHz.

You will note that many of these frequencies are listed as potential dual use, with a "local option" for them to be used for repeater inputs and outputs.

After discussions with Frank Bobro N3FB, Repeater Coordinator for the Western Pennsylvania Repeater Council (WPRC), we have determined that the following simplex frequencies are recommended for use. Use of those that are "dual use" are not expected to cause issues for any known repeaters.

Remember that good amateur practice indicates that should a contest participant be notified that they are inadvertently causing interference to a coordinated repeater that is using a recognized simplex channel, they should immediately cease use of that frequency in favor of, and out of respect for, the existing repeater.

The following list of recommended frequencies are recognized as standard simplex channels and should not suffer from co-channel problems with any existing repeaters:

146.505 MHz	146.580 MHz	147.510 MHz
146.520 MHz (*)	147.450 MHz	147.525 MHz
146.535 MHz	147.465 MHz	147.540 MHz
146.550 MHz	147.480 MHz	147.555 MHz
146.565 MHz	147.495 MHz	147.570 MHz

Simplex channels below 146.505 MHz are not to be used, as many of these are in use in WPa as repeater input frequencies.

(*) The National Simplex Frequency, 146.520 MHz, may be used. However, many stations use 52 for casual conversation or as a calling frequency. If the frequency is in use or becomes used by non-participants, please permit them to use the frequency unimpeded.

To avoid interference to other contestants and other users of the bands, please do not operate on 5 or 10 kHz "offsets" from these recognized FM channels.

Bottom line: Enjoy the contest, but do so responsibly.

Suggested Operating Techniques

1. If you hear someone calling "CQ Contest" (aka "running a frequency") and you haven't already worked them, call them.
2. If you hear someone "running a frequency" and no one answers them, do not jump on the frequency to call "CQ Contest" yourself. You may be covering up someone they hear that you don't, it's their frequency until it's relinquished, and it's rude. If they quit and change frequency, then and only then, feel free to call "CQ Contest" yourself.
3. Someone running a frequency will be called by stations you haven't worked yet. Jumping on that frequency to call those stations is poor operating procedure, and is quite rude. The frequency "belongs" the station running it until they relinquish it — first come, first served.
4. Yes, rude behavior can be grounds for disqualification. Please be a considerate operator and remember, everyone is trying to have fun, not just you!
5. If you come across a QSO of non-contesters, or a net about to start, feel free to ask them for a contact. If they decline, politely acknowledge and change frequency.
6. Do not stray out of the suggested frequencies. Please leave them free for non-contesters to operate on.
7. And finally:

Have a great time and enjoy the contest!